



CaroMont Health

Gaston County Sports Physicals

Saturday, May 10, 2025

SCHOOL OFFICIALS' INFORMATION

PRE-REGISTRATION PROCESS

Participants will use the modified 2024-2025 NCHSAA Athletic Participation Form. This form:

- Includes waiver for participating physicians.
- Can be found on the Gaston County Schools and NCHSAA Website.
 - https://www.nchsaa.org/wp-content/uploads/2023/09/2023-2024_PPE-English-Aug202311.pdf
 - https://www.nchsaa.org/wp-content/uploads/2023/09/2023-2024_PPE_Spanish-Aug20232.pdf
- Will be delivered via email to all school Athletic Directors.
- Is the **ONLY** form used - **NO EXCEPTIONS**.

PROCESS

1. Each student will obtain and fill out their physical forms.
2. Forms **MUST** be:
 - *Legible*
 - *Undamaged (not folded or rolled up)*
 - *Have complete medical history*
 - *Signed by a parent or guardian*
 - *Signed by the student athlete*
 - *Verify next years (2025-2026) school*
3. The athlete is expected to arrive 30 minutes before their school's assigned time.
 - Check-in at the Registration Table.
 - Face coverings must always be worn.
 - Once a screening is performed, they will be directed to the holding line for their appointment time.
 - These students will be seen promptly at their appointment time.

OBTAINING A COPY OF THE PHYSICAL

The student athlete **will not** receive a copy of their physical when checking out. They will receive a form stating **PASS/FAIL** status. This form will also have: ***copies of completed physical form can be obtained from your school's athletic director**

- Instructions for follow-up if needed.
- Instructions for obtaining a parental copy of the physical.

CaroMont Health Staff will email a copy of **PASSED** physicals to each school's Athletic Director.

- Failed physicals will be emailed separately to each school's Athletic Director. Athletes must present clearance documentation that can be attached to validate

FEE - Free

For more information, please contact Jarrett Friday, MAEd, LAT, ATC at jarrett.friday@caromonthhealth.org.